



# Literature Catalog 2009

Now available: Steps and Traditions  
Workbooks One through Nine

***From the A.R.T.S. preamble:***

*A.R.T.S. Anonymous is a fellowship of artists who share their experience, strength and hope with each other that they may recover from their common problem and help others to surrender to their creativity.*

***A.R.T.S. Vision***

*A.R.T.S. Anonymous envisions a world where each individual's creativity is cherished as innate, unique and divinely given. The sacred responsibility of sharing our gifts inspires the best in people and is vital to a world of joy, abundance and love.*

***A.R.T.S. Mission***

*Artists Recovering Through the Twelve Steps (A.R.T.S) is a diverse creative community that supports individuals in overcoming challenges blocking their artistic expression. Through weekly meetings, ARTShares, artist-to-artist fellowship, an annual international convention, literature and a 12-Step structure, we establish a safe haven in which to explore, take risks and celebrate the many facets of our creativity.*

*Website: [www.artsanonymous.org](http://www.artsanonymous.org)*

#	Title	Price	Qty	Total\$	Code
<b>Literature for the Spirit</b>					
P1	A.R.T.S. Basic Pamphlet	\$1.50			A
P2	The Anorexia of Avoidance	1.50			A
P3	Facing Avoidance: An Inventory of Attitudes	1.50			A
P4	Using the A.R.T.S. Tools	1.50			A
P5	Worksheets: Daily Action and Action Planner	1.50			A
P6	Creative ProcesZ	1.50			A
P7	Process vs. Product	1.50			A
P8	The Wide Circle of A.R.T.S.	1.50			A
P9	Art & Our Spiritual Awakening	1.50			A
P10	From Envy to Appreciation	1.50			A
P11	When Your Work Is Your Worth	1.50			A
P12	Closing Prayer (8.5 x 3 card stock)	1.50			A
P66	Balancing	1.50			A
P67	"Powerless Over" and "Unmanageable"	1.50			A
P72	Trust is Hope in Action	1.50			A
P73	Forgiving the Unforgivable	1.50			A
P68	Traits of Unmanageable Life and Talents for Living a Better Life	1.50			A
K13	<i>Meeting Literature Packet -- 1 each of the above 17 pamphlets</i>	20.00			A
B14	From Shadow to Spotlight – Personal Stories of Recovery through A.R.T.S.	12.00			B
B43	How A.R.T.S. Began by Abigail B., A.R.T.S.' Founder	4.00			A
B73	Why We Keep Coming Back	2.00			A
<b>Step Literature</b>					
B17	Step One: A Letter From The Founder	4.00			A
B18	Step One & Tradition One Workbook - <i>Last Revision March 2009</i>	15.00			B
B19	Step Two & Tradition Two Workbook - <i>Last Revision May 2008</i>	15.00			B
B20	Step Three & Tradition Three Workbook - <i>Last Revision May 2008</i>	15.00			B
B22	Step Four & Tradition Four Workbook - <i>Last Revision May 2008</i>	15.00			B
B65	Step Five & Tradition Five Workbook – <i>Last Revision May 2008</i>	15.00			B
B74	Step Six Workbook – <i>Last Revision September 2008</i>	15.00			B
B75	Step Seven Workbook – <i>Last Revision May 2008</i>	15.00			B
B76	Step Eight Workbook – <i>Last Revision May 2008</i>	15.00			B
B77	Step Nine - <i>New May 2008</i>	15.00			B
B24	A.R.T.S. Step Essays (Steps one – eight) <i>Last Revision May 2008</i>	15.00			B
<b>First Meeting Startup</b>					
B23	Starting Your First Meeting (the how to for beginning)	5.00			A
P24	A Brief Guide to A.R.T.S.	1.50			A
B25	How to Keep Small Meetings Alive	4.00			A
S71	<b>2009 Meeting Registration Form</b> Meetings must re-register once a year!			FREE	Free
K30	New Inquiry to A.R.T.S. Kit includes S33, P1, P2, P3, P12, lit order form	5.00			A
K27	New Meeting Startup Kit (1 each of #23, 24, and 10 of #1)	25.00			A
<b>Meeting Formats</b>					
B31	P.L.A.N. W.I.T.H. A.R.T.S. Meeting Format & How to Give Feedback	4.00			A
S32	P.L.A.N. Personal Commitment & Task Sheet (10 pack)	4.00			A
<b>Public Information</b>					
S33	A.R.T.S. World Wide Meeting Directory -- 2008	2.00			A
B35	A.R.T.S. World Service Manual	15.00			B
B36	A.R.T.S. Public Information Handbook	15.00			B
P37	Guidelines For Anonymity	1.50			B
<b>Page 2 Subtotal</b>				\$	

#	Title	Price	Qty	Total \$	Wght
<b>Archive Compact Discs</b>					
CD42	How A.R.T.S. Began – keynote speech by Abigail B., A.R.T.S. Anonymous Founder	12.00			A
CD45	1988 Remembrance CD (CD recording by early A.R.T.S. members remembering the first year)	12.00			A
CD55	Keynote – 2000 (Phyllis O., Boulder meeting founder)	12.00			A
CD56	Keynote – 2001 (Doris B., Silver Springs MD. Meeting member)	12.00			A
CD57	Keynote – 2005 (Annette G., Jay M., Garry N., Abigail B.)	12.00			A
CD58	Keynote – 2006 (Adam L., Kate E.)	12.00			A
CD59	Keynote – 2007 (Shari E.)	12.00			A
<b>Organizational Policy &amp; Procedures</b>					
B46	A.R.T.S. Anonymous Bylaws	7.00			B
<b>Professional Outreach and Media Relations</b>					
P50	A Therapist's Guide to A.R.T.S. (for therapists)	1.00			A
B51	How the Program Works: "Enter A.R.T.S." and "Reflections" <i>press articles</i>	3.00			A
<b>Products</b>					
M63	Membership Pin (B/W enamel 12 Step pyramid) 1" x 1/2"	5.00			A
M61	Calling Cards: "Are you fulfilling your creativity?" 20 units	3.00			A
				<b>Page 3 Subtotal</b>	<b>\$</b>

Postage & Handling

Items Letter Code A:

Quantity	U.S.	Intl.
1-5	\$1.00	\$2.00
6-20	\$2.00	\$4.00
21-40	\$2.50	\$5.00
41-100	\$3.00	\$6.00

Items with Letter Code B:

Quantity	U.S.	Can/Mex	Other Intl.
1-3	\$4.00	\$6.00	\$8.00
4-6	\$5.00	\$15.00	\$30.00
7-10	\$5.00	\$25.00	\$40.00

Total Payment

<b>Total Literature</b> (add subtotals from pages 2 and 3)	\$
<b>Total Postage</b>	\$
<b>Meeting Donation</b>	\$
<b>Individual Gift to A.R.T.S.</b>	\$
<b>Grand Total</b>	\$

*A Note from the office: due to the increased costs of postage and printing, A.R.T.S. has raised the price of some of its literature. Please note that previous to this last change, the price of pamphlets had not increased since 1999. A.R.T.S. is committed to seeking out new ways of keeping literature affordable for its members.*

## Shipping Info

Please Check: Is this an:     Individual Order     Meeting Order

Ship to (please print) :

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If this is for a meeting, please confirm name of meeting and location:

Name \_\_\_\_\_

Day \_\_\_\_\_ Time \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP/Postal: \_\_\_\_\_ Country: \_\_\_\_\_

**Mail to:** A.R.T.S. Anonymous™  
P.O. Box 230-175  
New York, New York 10023  
U.S.A.

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The hotline is picked up once a week

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**THANK YOU FOR YOUR ORDER!**

*Literature sales support the work of the World Service Organization.*

*Website: [www.artsanonymous.org](http://www.artsanonymous.org)*